

UPCOMING EVENTS

VOLUME XXXIX
No. 22
JUNE 5, 2018

Ministers
Every Church Member

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Cody Lawyer, Organist

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Organist Emeritus

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CHURCH OFFICE
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OFFICE E-MAIL:
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Website:
www.hueytownfirst.com

OFFICE HOURS:
MONDAY-THURSDAY
9:00 AM – 4:00 PM
FRIDAY: 9:00 AM-1:00 PM

Sunday, June 10, 2018

- 9:00 am Sunday School
- 9:25 am Worship Huddle
- 9:45 am Kid's Worship
- 10:00 am Traditional Worship
- 11:00 am Thrive Worship
- 6:00 pm Precious Memories Sing-a-long

Monday, June 11, 2018

- 6:30 pm Boy Scouts

Wednesday, June 13, 2018

- 10:00 am Bible Study
- 4:00 pm Youth Band
- 6:00 pm Handbells
- 7:00 pm Chancel Choir

Thursday, June 14, 2018

- 9:00 am Nifty/Fifty (FH)
- 6:00 pm Painting Class

Saturday, June 16, 2018

- 8:00 a.m. St. Vincent's Health Screening

First United Methodist Church
110 Sunset Drive
Hueytown, Alabama
(Return Service Requested)

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Hueytown, Alabama
Permit No. 205



FIRST UNITED METHODIST CHURCH

Hueytown, Alabama

Connecting Points

I once read that the body keeps score. Imagine your body having an internal score board and seeing what number is displayed based on everything you've been through and dare I say it, everything you've put through it. That's one way to think about our body keeping score. Another way is to realize that our body doesn't just register all the physical activity but also both positive and negative emotional experiences we have. I remember when I was going through a painful time in my life getting a massage. My thought was it would help relax me and to be honest, allow my body to feel the healing and nourishing hands of another. My point is, our bodies need to experience internal healing and appropriate external touch. God made us that way. What I wasn't expecting is for my body to speak during the massage. My body had absorbed and collected the trauma I was going through, and I started to cry from deep within myself. My body was saying it's not just your mind and spirit that experience life and is part of your being, I am too. In those moments on the table my body interrupted and overrode my mind to express what it was feeling. My body was telling me what the score was but it was also attempting to bring healing by flushing out pain and agony. I was embarrassed that I wept during my massage but was later informed that it's not that uncommon for that to happen.

Our bodies need opportunities to express what is inside of us or what the score really is of our life. We are not always "fine." I think a part of being spiritual is connecting with our body in healthy ways through actives like walking, running, yoga, swimming, meditation, and even massages. We need to take the time to listen to our body and allow it to tell us the real score of our lives. Perhaps worship, when done right, is an embodied experience and not just a cognitive one. As we embody our worship our bodies take all of those emotions that are housed within into the presence of God and experience healing and nourishment. This is not just true about your body and, mine but the body of Christ called the Church. What is the score of the body of Christ called Hueytown First and how can we find healing and nourishment from the loving touch of God together?

Pastor Dean

Remember In Prayer

HOSPITALIZED

Upcoming Surgery

Laurie McCombs, back surgery, June 5th, Huntsville

Special Prayer Requests:

- Jerry Champion
- Frances Gilmore, Rm. 216A, SHELBY RIDGE REHAB
- Gil Higgins
- Larry Murphree
- Clay Sellers
- Susan Rheuby
- Jimmy & Nonie Holmes
- Patricia Pate
- Leigh Edmonson
- Mary Clyde Moore
- Lucille Ogletree
- Beverly Seale
- David Baggett at Self's on Hospice
- Floyd Lunceford
- Ben Abercrombie (Jerry & Emma Benson's grandson)
- James and Nelda Patterson (Maria Williamson's parents)

Attendance & Contributions

June 3, 2018

Sunday School	77
Morning Worship	140
Thrive Service	35
Sunday Night	42
Received this Sunday	\$16,501.01
Received for June	\$16,501.01
Total Received 2018	\$184,961.51



"Send off Celebration"

Join us for a celebration of

Dean's years of ministry at HFUMC

and to wish him well at St. James in Florence.

Sunday, June 17th

5:00 p.m.

In the Fellowship Hall

Covered Dish

(the church will furnish meat, rolls & drinks).

Come for an evening of good food, good fellowship and good entertainment.

There will be a money tree.

Did you know that the church buys the plates, cups, napkins, etc. for fellowship on Sunday mornings, W.E.A.C. meals, our covered dish suppers, etc.

**CONTRIBUTIONS
Memrials & Honorariums**

PARLOR KITCHEN

In Honor of Betty Jane and Buster Kornegay
For their 65th Wedding Anniversary
By Wayne and Judy Mink

In Memory of Kerry Morris
By Cheryl Finch

BUDGET

In Memory of Rev. Larry Horne
By Terry and Peggy Horne

In Memory of Alzayda Blair,
Glenn Karr (Danny's brother)
In Honor of Bro. John and Nancy Simmons,
Sandra and Jim Purcell, Mave McCrorie
and Jane Post
by Lucille Ogletree

In Honor of Carol Ruth DeVore
By Jane Coleman

In Honor of Dean, thank you for your
leadership and love for our church.
By Joan Jones

HERITAGE WINDOWS

In Honor of Betty Jane and Buster Kornegay
For their 65th Wedding Anniversary
By Jack and Nancy Moon

In Honor of Betty Jane and Buster Kornegay
For their 65th Wedding Anniversary
By Mary Frances and W.T. Bell

FOOD PANTRY

In Honor of Betty Jane and Buster Kornegay
By Carl Ray and Jerry Gober

Mark Your Calendars



V.B.S.

June 24th – 28th

Church Members,

We are in the process of readying the parsonage for the Verciglios. This includes painting all the rooms, cleaning the carpets, etc. It takes money to accomplish this and the Parsonage Committee will welcome any financial assistance you are able to offer. Note "parsonage fund" on your check so the church office will know where it's to be applied. The committee can also use help this week with washing the outside of the windows and clearing cobwebs from the eaves. Please contact Penny Berry if you are able to help out.

Thank you,
Parsonage Committee